

Welcome To

NORTHLAND FAITH CHURCH

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NFC NEWSLETTER

Pastoral Message

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Power Up

On June 12th, 1979, aviation history was made when a pedal powered plane was flown across the English channel, from England to France. The plane was constructed and engineered by an American by the name of Dr. Paul B. McGready! The plane was flown by a young man, Bryan Allen, both a pilot and cyclist! Taking off from England, he flew for three hours, reaching a top speed of 18 mph (29 km/hr) rarely reaching fifteen feet above the water.

Finally after covering 22 miles (35 km) he landed on the coast of France, but was completely exhausted, along with suffering dehydration and leg muscle cramps. As dramatic as this was, man powered flights will never be practical, as one simply cannot maintain the necessary energy output for extended flights.

In the same way, no one can live the Christian life pedalling on their own power all the time. It is only through the enabling power of God that we can consistently live the Christian life. There are times life is exhausting, we feel we don't have the strength to carry on. God by His Grace supplies Divine Strength we can tap into, to help us make it through those exhausting times.

Philippians 4:19 I can do all things through Christ which Strengthens me

We can get worn out and exhausted from the stress and pressures of life. The burdens of life can keep us down and we struggle to keep above water. Fear and overwhelming weight of how to figure and work things out can paralyse us! Trying to work through difficulties in our own strength, we often fall short and become weary. As we rely on God, He promises to give strength and power beyond our own ability. Everyday, He offers a fresh supply of spiritual—supernatural—strength and faith to those who depend humbly on Him.

This strength we need is not earned or achieved! It is made available to us by God's Grace, as we give up on our own strength and tap into the strength that God gives us.

Ephesians 6:10 Be strong in the Lord and the power of His might! Put on the whole armour of God to stand against the works of the devil

We become strong in the Lord by receiving strength from His Word! His Word becomes our armour of strength to deal with adverse situations brought against us. Through His Word we find wisdom in the midst of confusion; peace in times of chaos (Phil. 4:6); Joy in times of sorrow (*Nehemiah 8:10*) God's Word is truth to guide us through any stressful and exhausting situation. We can receive strength through the Holy Spirit! Paul says

“THERE YOU SEE” in 2023

Ephesians 3:16 ***"That He would grant you, according to the riches of His glory, to be strengthened with power through His Spirit into the inner man."***

The strength we need most doesn't begin in our arms or legs or back, but from the depth of our being. With the Holy Spirit living on the inside of us, we can drink from the rivers of life, that flow from within us, everyday to be refreshed. God didn't intend our lives to be exhausting, weary and tiresome. His strength He makes available to us!

Isaiah 43:29-31 (NIV) ***He gives strength to the weary and increases the power to the weak. 30 - Even youths grow tired and weary, and young men stumble and fall. 31 - But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not faint.***

God will be with us as we face those burdens and challenges of life to keep us from becoming weary and exhausted!

Matthew 11:28-30 ***Come unto me all ye who are heavy laden and I will give you rest. Take my yoke upon you and learn of me; for I am meek and lowly in heart and ye shall find rest for your souls. For my yoke is easy and my burden is light***

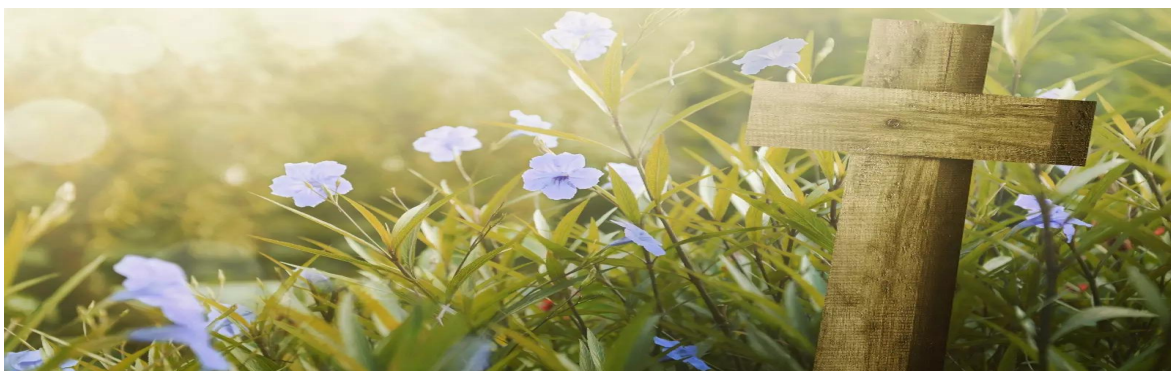
So if you if you are exhausted and tired, and you're pedalling all you can to make it, maybe it's time to quit pedalling and power up... power up with the strength of God... With His everlasting strength you'll soar through those problems in life!

What Does The Bible Say About Spring?

This season is a time of warming weather and nature coming back to life. As flowers bloom, and animals are born, we are reminded of the innocence and beauty that exists in this world and that there is new life all around us. As Christians, we are given new life and new mercies every morning. Spring provides a wonderful reminder to us that we should be living a full life and leaving the old dead parts of life behind. There is always hope during the coldest, darkest winters of life. Spring describes this awesome vibrancy of this season in multiple passages. Here is a couple:

Deut. 32:2 ***Let my teaching fall like rain and my words descend like dew, like showers on the new grass, like abundant rain on tender plants.***

Zechariah 10:1 ***Ask the Lord for rain in the springtime; it is the Lord who sends the thunderstorms. He gives showers of rain to all people, and plants of the field to everyone.***



What's Happening at NFC



Ladies Fellowship Bible Study

Tuesday mornings from 10:00 – 11:30 AM
Being held weekly in our Welcome Centre

Word Nuggets

Join the Pastor every Sunday morning at 8:30 AM
on Canoe FM - 100.9
For his weekly message and devotion

Healing School

Wednesday afternoons from 1:00 - 2:00 PM
being held weekly in our Welcome Centre until April 5th

Easter Weekend Services

Join us Easter Weekend for our Good Friday Service on April 7th at 10:00 AM, and our Easter Sunday Service on April 9th at 10:00 AM
Invite someone as Easter weekend is a prime time to invite a friend or family member to hear the Good News of Jesus' death and resurrection!

Midweek Manna

Beginning again on Wednesday April 12th at 6:30 PM
being held weekly in our Welcome Centre

Salad and Sandwich Sunday

We are planning to have a Salad and Sandwich Sunday on April 16th following our regular service in our Welcome Centre.
Salads will be provided if everyone would please bring a sandwich as we have been doing.

Bible Basics (Phase 1 & 2)

Starting Monday April 17th and continuing for 10 weeks before concluding for the summer. Phase 1 is for beginners, while Phase 2 is a continuation for those who participated in last fall's classes.

Heads Up

Evangelist Jonathan Edwards will be coming to visit us again on Sunday, May 21st.

April Birthdays

Karen Dunsmore, Adrian Whitfield

Spring Lemon Chicken



Prep Time: 15 min. **Cook Time:** 1 hr 10 min. **Total Time:** 1 hr 25 min. **Yields:**4

Ingredients:

- 3½ to 4 lb. chicken cut into eight pieces, pat dry
- Kosher salt and fresh ground black pepper
- Flour for dredging
- 3 tbsp. extra-virgin olive oil
- 1 lg. onion thinly sliced
- Peel of ½ a lemon, white pith removed, cut into very thin strips
- ¼ cup of freshly squeezed lemon juice
- 1 tbsp. minced garlic
- 1½ tsp. of rosemary leaves
- 1 tbsp. of honey
- 1 cup of chicken broth

Instructions:

- Dredge the chicken in the flour and shake off excess.
- Place a large skillet over medium heat and add 2 tbsp. of the oil.
- Add the chicken, and sauté 5 minutes per side until golden brown.
- Remove the chicken from the skillet and set aside.
- Discard the oil and wipe the pan out with a paper towel.
- Add the remaining 1 tbsp. of oil and heat over medium-low heat.
- Add the onion and cook for about 10 to 12 minutes until golden.
- Add the lemon zest, garlic, and rosemary, and cook for 2 minutes more.
- Add the honey, lemon juice, and broth increasing the heat to a simmer.
- Use a slotted spoon to spread the onions in a 9x13 casserole dish.
- Place the chicken skin-side up over the onions.
- Pour the cooking liquid over the chicken and season with salt and pepper.
- Bake for 45 minutes until cooked through basting every 15 minutes.
- Remove from the oven and serve.

Suggested Sides:

- Fluffy White Rice
- Roasted Potatoes
- Garlic Mashed Potatoes
- Greek Salad
- Vegetable Noodles
- Mac and Cheese